

# FE+ED

(For Each and Every Day)

FE+ED (For Each and Every Day) is a grassroots non-profit established to bring nutritious food to the communities along highway 12 including Howard Lake, Waverly, Montrose. It began as a collaboration between the Montrose United Methodist Church, Palabra Viva, and House of Grace who all meet at the Methodist church and has expanded to include financial support from the Montrose Lioness and Lions, United Fund of Marysville and individual donors.

FE=ED volunteers humbly and happily serves on average 700 people per month.

Food is purchased from Second Harvest Heartland where one dollar can provide 3 or more meals. *Fresh produce* is a large portion of the monthly distribution which occurs the fourth Tuesday of each month from 4-7pm at the Montrose Community Center

- **Food Drop**
- **Fourth Tuesday of each Month**
  - **4-7 pm**
- **Montrose Community Center**
- **Free**

We encourage people to come to this FREE distribution. All of our workers are volunteers and include members of the local churches, Lions, Lioness, Girl Scouts, Boy Scouts, Montrose Fire Department, City of Montrose, the elementary schools, and community members.

For Further information contact: FE+ED, 230 Center Ave. SW, Montrose, MN 55363 phone: 763-227-3793